

# 4 Walking Routes in Helsinki

English

Includes maps



Helsinki



# Discover Helsinki's Gems

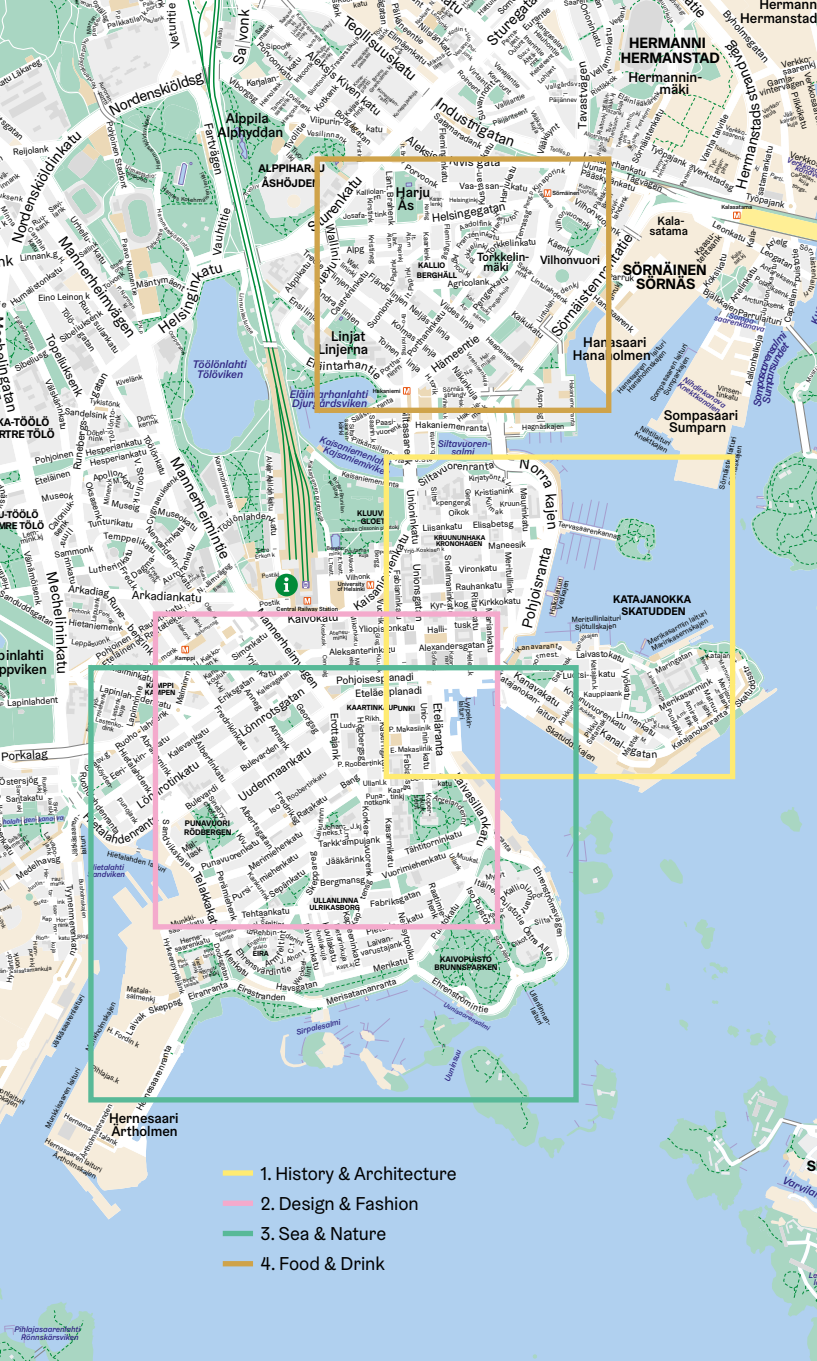
Helsinki is a dream city for walking: it's easy to breathe, there's always something new and interesting just around the corner, and the distances are short. The walking routes presented here reveal the city's unique neighbourhoods, the places beloved by locals, and many well-kept secrets too. Best of all, amidst the hustle and bustle of the nation's capital, you are never far away from the sea.

Pick the walking route that appeals to you most or try all four!



City bikes are a convenient way to get around Helsinki. This summer there are no less than 2550 yellow city bikes at your disposal!

**Find out more:** [kaupunkipyorat.hsl.fi](https://kaupunkipyorat.hsl.fi)



- 1. History & Architecture
- 2. Design & Fashion
- 3. Sea & Nature
- 4. Food & Drink



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## Sauna Culture

There are over 3 million saunas in Finland. Taking saunas is known to be healthy. Don't be concerned if you see other people in the sauna whipping themselves with fresh birch branches – it improves blood circulation and stimulates metabolism. Always remember to rehydrate afterwards!

**Find out more:** [myhelsinki.fi](https://myhelsinki.fi)

## Seurasaari Island

Seurasaari is a popular recreational island that is perfect for a picnic and enjoying the outdoors. Kids will enjoy feeding the tame squirrels and birds. The open-air museum is a collection of historic wooden buildings, some up to 400 years old, that have been transported from all across Finland.



Bus 24



# Buildings Designed by Alvar Aalto

- **Academic Bookstore**  
Keskuskatu 1
- **Rautatalo office building**  
Keskuskatu 3
- **Erottaja pavilion**  
Erottajankatu 19
- **Finlandia Hall**  
Mannerheimintie 13e
- **Savoy restaurant**  
Eteläesplanadi 14



# Helsinki's History

**1550**

Swedish king Gustav Vasa establishes Helsinki at the mouth of the Vantaa River (Vantaanjoki) by the Old Town Bay (Vanhankaupunginlahti)

**1748**

Construction begins on the massive sea fortress known today as Suomenlinna

**1852**

St. Nicholas' Church (Helsinki Cathedral) is consecrated

**1952**

Helsinki hosts the Summer Olympics

**2012**

Helsinki is World Design Capital

**1640**

The centre of Helsinki moves southwards to its current location on the Vironniemi peninsula in what is now the Kruununkhaka district

**1812**

Helsinki is made the capital of Finland

**1917**

Finland proclaims independence on 6 December, and Helsinki becomes the capital of the young republic

**2000**

Helsinki is a European Capital of Culture

**2017**

Finland celebrates 100 years of independence

# History & Architecture

# 1

Travel back in time and discover the history of Helsinki! The **Tori Quarter** is Helsinki's new old town, the Empire centre that has been fully renovated and re-opened. In summertime the narrow streets and courtyards are filled with terraces. The name of the **Kruununhaka** district derives from the "Crown's Paddocks" that were once located there. **Katajanokka** in turn is a district full of Art Nouveau architecture where you can admire the ornamental nature-inspired details of the buildings, including the breathtaking diversity of their windows.

**Route distance approx. 2 km**



## 1 Senate Square

Helsinki's historic central square and former trading centre, **Senate Square** was the site of a town hall, church and cemetery already in the 1640s. The location of the old wooden church is still marked in the cobblestones. Archaeological excavations uncovered over 130 graves beneath the square. Today it serves as a venue for public events and a place where people meet. The **Government Palace** (1818) was the first major building in Helsinki designed by Carl Ludvig Engel. The Corinthian columns reflect the power of the state. Engel also designed the main building of what is now the **University of Helsinki** on the opposite side of the square. The Ionic columns of this building reflect learning.

## 2 Helsinki Cathedral (1852)

The cathedral designed by Engel is one of Helsinki's most recognisable landmarks. The cathedral is characterised by its understated appearance and absence of images. The crypt at the back of the cathedral houses a summer café and exhibitions. Buy yourself an ice cream, sit on the steps of the cathedral among the locals and enjoy the view!

## 3 Tori Quarter

The 18<sup>th</sup>-century merchants buildings between Senate Square and the Market Square now house design boutiques and restaurants where you can enjoy great food, drinks and even films at Kino Engel. You might even stumble across a speakeasy on Katariinankatu!

**Restaurants in the area:** *Cafe Engel, Köket, El Fant, Roster, Salutorget, Savotta, Sunn, Trillby & Chadwick, Via Tribunali.*

## 4 Helsinki City Museum

This child-friendly museum presents the history of the city through innovative exhibitions that are always free of charge. **Sederholm House** is the oldest stone building in the city centre, dating back to 1757. Inside you will find a museum shop and a café.

## 5 House of Nobility (1862)

Designed by Georg Theodore Chiewitz, this impressive building was designed as a meeting place for the Finnish nobility. These days it is also used to host chamber concerts and banquets.

## 6 Presidential Palace (1820)

Originally designed by Pehr Granstedt as a private residence, this building was redesigned by Engel to serve as an imperial palace. After Finland gained independence it served as the official residence of presidents and is now used for state functions. It is protected by the **Main Guard House** (1843) designed by Engel.

## 7 Stora Enso Headquarters (1962)

The iconic white marble building on the edge of the Market Square was designed by legendary Finnish architect Alvar Aalto.

## 8 Uspenski Cathedral (1868)

The largest Orthodox cathedral in Western Europe is one of the clearest symbols of the Russian impact on Finnish history. The redbrick cathedral with golden cupolas was designed by Russian architect Alexey Gornostaev. Less than 2 percent of the population of Finland belong to the Orthodox faith.

## 9 Tove Jansson Park

This park is named after Finnish artist Tove Jansson and can be found near the street (Luotsikatu) where the creator of the Moomins lived.



## 10 Customs Warehouse (1765)

This building was once used to inspect all freight arriving by sea. It also represents the only part of the mainland defensive wall designed by Augustin Ehrensvärd, Commander of the Suomenlinna Sea Fortress, that was ever built.

## 11 Katajanokka Art Nouveau District (1901–1910)

The Katajanokka district boasts an internationally unique collection of Art Nouveau (Jugend) buildings. Walking along the streets you can admire the ornamental nature-inspired details of the buildings, including the breathtaking diversity of their windows.

## 12 Icebreakers (1954–1987)

The impressive fleet of icebreakers comprising Voima, Urho, Sisu, Otso and Kontio can be found just a short walk away. Each ship has its own colourful mailbox that make for wonderful photographs!

## 13 Katajanokka's converted warehouses

Sitting by the romantic redbrick walls enjoying delicious food and drinks can make you feel like your stepping back in time. The warehouses were originally built in the 1800s and now offer the perfect place to watch the yachts sail by while dining out.

**Restaurants in the area:** *Bar á vin, Goodio, Holiday, Johan & Nyström, Nokka, Shelter*

## 14 Relandersgrund (1886)

This historic lighthouse ship was once used for hydrographic surveys and later as a private summer villa. For a while it even rested on the seafloor before being rescued from the scrap yard in 1991. Climb aboard and enjoy a drink while enjoying the authentic maritime atmosphere!

## 15 Halkolaituri Pier (view to the icebreakers)

The Halkolaituri Pier was used to unload ships as early as the 1600s. Today it is used by traditional wooden sailing ships. In wintertime, when the sea ice is thick enough, it is also used by skaters!

## 16 Tervasaari Island

This small island was used in the 1600s to store tar, hence the name "Tar Island". The storehouse (1805) is the only original building that has survived and now houses the restaurant **Savu**.

## 17 Liisanpuisto Park

A **memorial to victims of the 1918 Civil War** can be found in this small park; it was designed by Gunnar Finne and Armas Lindgren (1921). The **redbrick barracks** opposite the park were once used by the Rifle Battalion and now house the Military Museum. The restaurant **Svenska Klubben** was originally an English-style house that the diplomat Ossian Donner had built for his family in 1901.

## 18 Burgher's House (early 19<sup>th</sup> century)

The Burgher's House is the oldest surviving wooden building in Helsinki. It is now a branch of the Helsinki City Museum and is decorated in the style of a modest middle-class home of the 1860s.

## 19 House of the Estates and National Archives (1891)

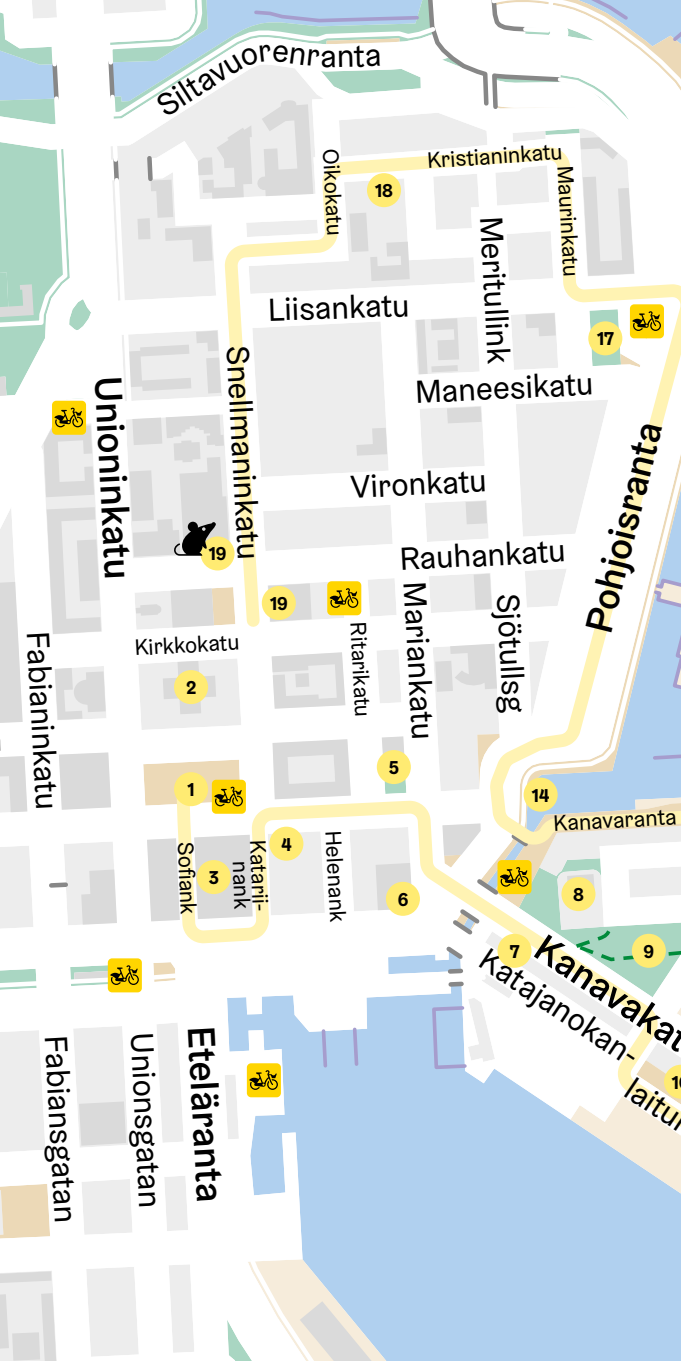
The **House of the Estates** was designed by Gustaf Nyström as a meeting place for the commoner estates consisting of the clergy, burghers and peasants. Nyström also designed the nearby **National Archives**.

# History & Architecture

- 1 Senate Square
- 2 Helsinki Cathedral
- 3 Tori Quarter  
Restaurants in the area: Cafe Engel, Köket, El Fant, Roster, Salutorget, Savotta, Sunn, Trillby & Chadwick, Via Tribunali
- 4 Helsinki City Museum
- 5 House of Nobility
- 6 Presidential Palace
- 7 Stora Enso Headquarters
- 8 Uspenski Cathedral
- 9 Tove Jansson Park
- 10 Customs Warehouse
- 11 Katajanokka Art Nouveau District
- 12 Icebreakers
- 13 Katajanokka's converted warehouses  
Restaurants in the area: Bar á vin, Goodio, Holiday, Johan & Nyström, Nokka, Shelter
- 14 Relandersgrund
- 15 Halkolaituri Pier
- 16 Tervasaari Island
- 17 Liisanpuisto Park
- 18 Burgher's House
- 19 House of the Estates and National Archives



Find the smallest public sculpture in Helsinki!



Siltavuorenranta

Oikokatu

Kristianinkatu

Maurinkatu

Meritullink

Liisankatu

Maneesikatu

Vironkatu

Rauhankatu

Mariankatu

Sjötullsg

Pohjoisranta

Unioninkatu

Fabianinkatu

Kirkkokatu

Ritarikatu

Helenank

Katari-

nank

Sofiank

Kanavaranta

Kanavakatu

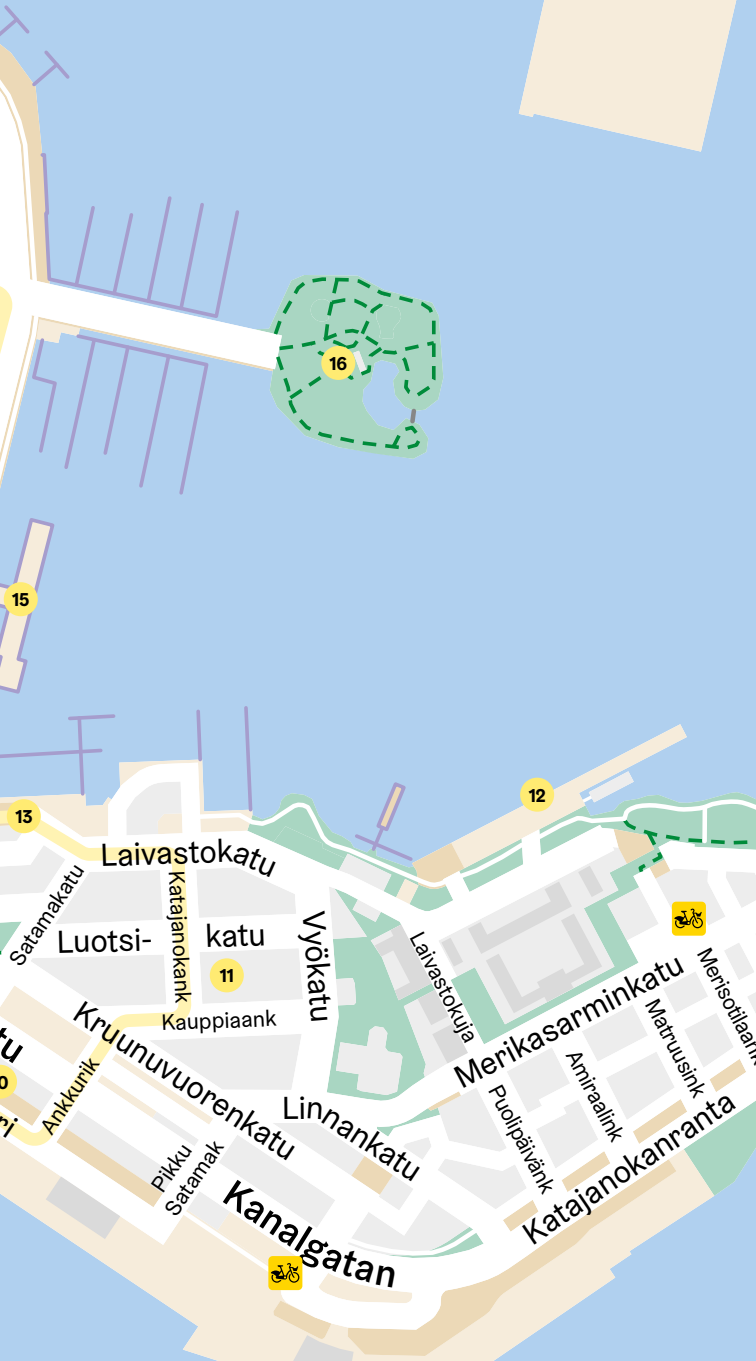
Katajanokan-

laitur

Unionsgatan

Eteläranta

Fabiansgatan





# Design & Fashion

Design can be found everywhere in Helsinki. Good design can be seen in everyday life, it belongs to everyone, and it improves the way we live. Helsinki has even been designated a UNESCO City of Design, and it is the only city in the world that has an appointed Chief Design Officer. Discover classic creations by Finland's most famous designers and the intriguing concepts of up-and-coming designers. You can even explore the area by participating in a guided **Design Walk**.

**Further information:** [myhelsinki.fi](http://myhelsinki.fi)

## 2

**Route distance approx. 1.5 km**



## 1 Tori Quarter

The Tori Quarter in the heart of Helsinki between Senate Square and the Market Square is home to many boutiques specialised in Finnish design. **Lapuan Kankurit** sells Finnish handicrafts, including kitchen textiles, sauna textiles and other indoor textiles, all made from natural materials. **Lumi Accessories** sells timeless leather bags and accessories. **Kauniste** sells fresh textiles by young graphic artists and designers, including fabric bags, veneer trays and cushion covers.

## 2 Iittala Store Esplanadi

The flagship store of Iittala, one of the leading Nordic design brands, sells all its main products along with rare specialties and glass art. The Arabia brand has been a mainstay in Finnish homes for over 140 years.

## 3 Balmuir

Balmuir sells everyday luxury with ethical products whose quality can be both seen and felt! In addition to accessories and home textiles, it also sells premium natural cosmetics and fashion items made from cashmere, Alpaca wool and reindeer leather.

## 4 Minna Parikka

Minna Parikka is a top Finnish designer whose shoes are like caramels – pretty, colourful and feminine. Her footwear is sold in top fashion outlets around the world.

## 5 TRE

This concept store claims to stock the world's largest selection of Finnish fashion and design – everything from furniture and postcards to clothing and plants.

## 6 Marimekko

This classic Finnish design brand was founded in 1951 and is known above all for its eye-catching patterns and colours. The product assortment includes clothing, bags and accessories, as well as household products from interior textiles to tableware.

## 7 Artek

Famous for its furniture created by legendary Finnish designer Alvar Aalto, Artek is one of the most innovative modern design companies and a flagship for Finnish interior design. The pure design language, durability and high quality of Aalto's products have helped guarantee Artek's success for over 70 years. Further information about Alvar Aalto's home museum and studio: [alvaraalto.fi](http://alvaraalto.fi).

## 8 Design Eero Aarnio Showroom

Eero Aarnio has had a huge influence on modern furniture design, starting with his futuristic chairs of the 1960s. His showroom sells his latest products and prototypes.

## 9 Samuji House

Samuji's womenswear collection presents a complete wardrobe for women, while its interior design collection includes textiles, ceramics and glass, as well as traditional items made by local craftsmen.

## 10 Johanna Gullichsen Textile

Johanna Gullichsen designs interior textiles and products, whose timeless patterns, refined colours and high quality add a touch of luxury to everyday life. Her geometrical patterns are perfect for both modern and traditional interiors.

## 11 Design Museum & Museum of Finnish Architecture

The **Design Museum** is a must for any fan of design. The museum offers unique design experiences and new perspectives on multifaceted design. On the same block you will find the **Museum of Finnish Architecture**, where the permanent exhibition presents the country's architectural heritage from the 20th century.

## 12 Helsinki Secondhand & Fasaani

A great way to discover the history of Finnish design is to visit Helsinki's antique stores. **Helsinki Secondhand** sells design and vintage furniture from the 1950s and 1960s, as well as ceramics, glass and art. At the same address, **Fasaani-Antik** sells copper, silver, ceramics and vintage clothing.

## 13 R/H

R/H is the brand of local designers Hanna Riiheläinen and Emilia Hernesniemi, who combine Nordic minimalism with interesting prints, materials and feminine cuts.

## 14 Lokal

Lokal is a concept store and the home of Finnish art, design and handicrafts. It presents new exhibitions each month.

## 15 Ivana Helsinki

Ivana Helsinki sells clothing and accessories designed by world-famous Finnish fashion designer Paola Suhonen, who likes to combine Slavic melancholy with Scandinavian purity.

## 16 Arela Store

This store is run by a mother and her daughters, who design simple and high-quality cashmere and woollen fashion. The Arela brand is all about lively colours and timeless appeal.

## 17 Liike

Liike is a showcase for Finnish new wave fashion design, including such brands as Dusty, FREN, Jaanahaaksiluotodesign, Marita Huurinainen, Lille, Tikit and vainio.seitsonen.

## 18 Nomen Nescio

Nomen Nescio is a responsible brand that creates timeless and minimalistic fashion. All of its products are unisex designs made mostly from Italian materials.

## 19 Klaus K

Klaus K is a design hotel that combines international design with Finland's cultural heritage. The interior is inspired by the Finnish national epic, the Kalevala, and its themes describe great emotions: mysticism, passion, dreams and envy.

# Design & Fashion

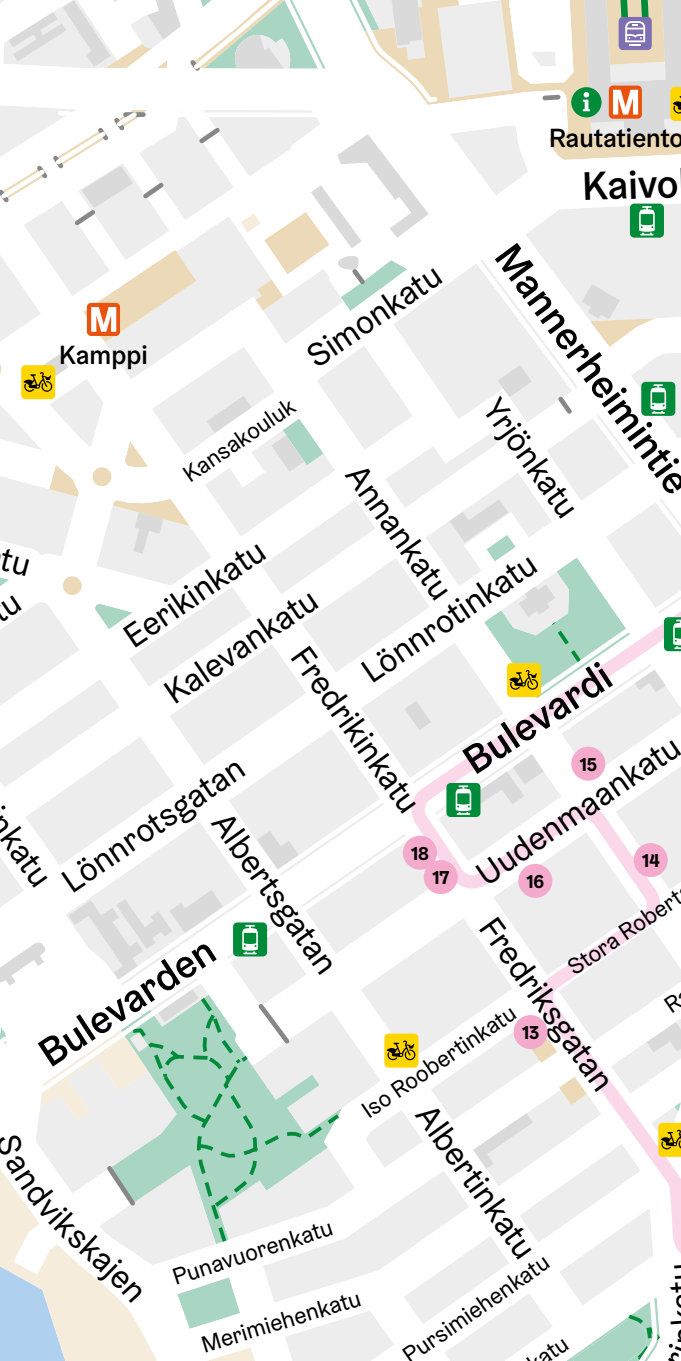
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- 15 Ivana Helsinki
- 16 Arela Store
- 17 Liike
- 18 Nomen Nescio
- 19 Klaus K



Jump on tram 6 to get to the Iittala & Arabia Design Centre.

Journey Planner: *reittiopas.fi*





Rautatie

Kaivo



Kamppi

Simonkatu

Mannerheimintie

Kansakouluk

Eerikinkatu

Kalevankatu

Fredrikinkatu

Annankatu

Lönnrotinkatu

Bulevardi

Uudenmaankatu

Lönnrotsgatan

Albertsgatan

Bulevarden

Fredriksgatan

Stora Robert

Iso Robertinkatu

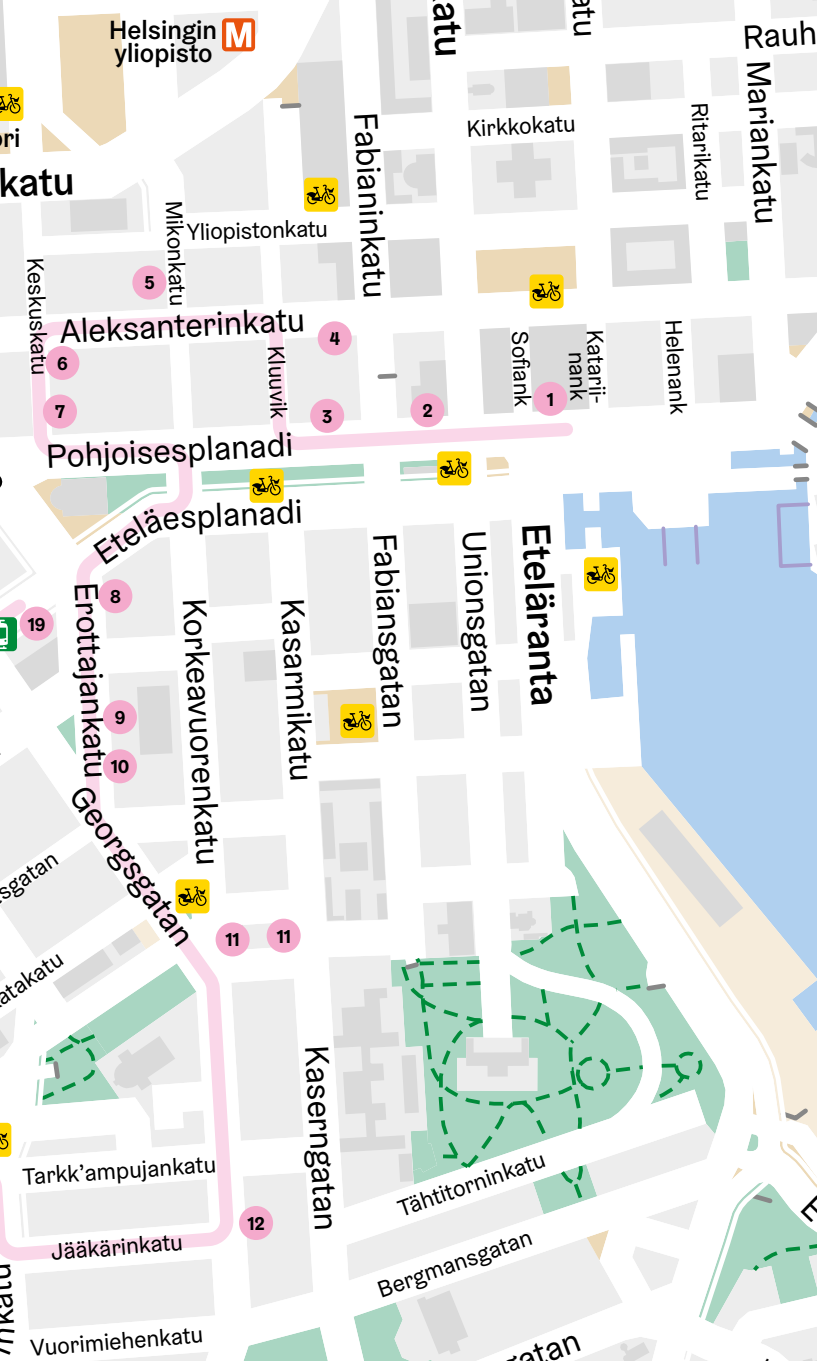
Albertinkatu

Punavuorenkatu

Merimiehenkatu

Pursimiehenkatu

Sandvikskajen



Helsingin yliopisto



Mariankatu

Ritarinkatu

Kirkkokatu

Fabianinkatu

Yliopistonkatu

Mikonkatu

Aleksanterinkatu

Keskuskatu

Sofiankatu

Katariinankatu

Helenankatu

Pohjoisesplanadi

Eteläesplanadi

Eteläranta

Unionsgatan

Fabiansgatan

Kasarmikatu

Korkeavuorenkatu

Erottajankatu

Georgsgatan

Tarkk'ampujankatu

Jääkärikatu

Vuorimiehenkatu

Bergmansgatan

Tähtitorninkatu

Kaserngatan

# Sea & Nature

The nicest thing about Helsinki is probably the sea. You can sense the proximity of the water everywhere, as it surrounds the city on three sides. Helsinki has 130 kilometres of shoreline and 300 islands in the archipelago. Many of the islands are recreational areas that you can get to by taking a ferry from the mainland.

## 3

Route distance approx. 3.5 km



## **1 Allas Sea Pool, Helsinki Skywheel and Flytour Helsinki**

**Allas Sea Pool** is a sea spa and urban oasis right next to the Market Square. You can enjoy the views over the city and sea from the **Helsinki Skywheel**, even while taking a sauna! **Flytour Helsinki** is a 4D experience that takes viewers to the most popular sights in Helsinki.

## **2 Market Square**

One of the most popular attractions in Helsinki, the Market Square is buzzing with life. Ferries to Suomenlinna depart from the waterfront along with sightseeing cruises in summertime. The oldest annual event in Helsinki, the Herring Market, takes place in the autumn.

## **3 Ferries and cruises from the Market Square**

### **Suomenlinna Sea Fortress (1748)**

Suomenlinna is a UNESCO World Heritage Site and one of the most popular tourist attractions in Finland. The fortress has witnessed all three periods of Finnish history: the Swedish era when it was first built, the Russian era that lasted a little over a hundred years, and the modern era of independence. With its museums, restaurants and events, Suomenlinna provides an unforgettable experience for visitors of all ages. It is also home to 850 year-round residents.

### **Vallisaari**

The island of Vallisaari was left in a natural state for decades before being opened to the public in 2016. Its wild nature offers a beautiful and relaxing setting just off the coast of the city centre. The island has a café and picnic area for visitors.

### **Lonna**

Lonna is a pretty little island that was once used by the navy to demagnetise ships in order to protect them from mines. The island is now open to the public as a recreational area, complete with a restaurant, waffle bar and sauna.

### **Isosaari**

Isosaari is an island that is mostly covered by forest where you can experience the diverse archipelago nature. There are two sandy beaches for swimming, as well as a restaurant and terrace. You can even take a sauna there on days when public cruises are offered to and from the island.

### **Helsinki Zoo**

Helsinki has one of the oldest zoos in the world – and also one of the prettiest. On the island of Korkeasaari you will find animals from the tundra to the tropics. The zoo is committed to protecting endangered species.

## **4 Old Market Hall (1889)**

The stalls inside the market hall sell high-quality food, including lots of fish, reindeer and even bear meat. You can also sit down and eat at one of the cafés or restaurants.

## **5 Observatory Hill and Helsinki University Observatory (1834)**

During the Middle Ages, the hill overlooking the harbour was used to burn signal fires to warn locals of threats from the sea.

The **observatory** that now sits atop the hill was designed by Carl Ludvig Engel and serves as a museum and visitor centre.

## **6 Kaivopuisto park (1886)**

“Kaivari” is one of the oldest and most popular parks in Helsinki. A spa was built in the 1830s on what was then an unpopulated peninsula, and it became a popular holiday spot for wealthy visitors from St. Petersburg. At the highest point of the park is an observatory belonging to **Ursa**, the oldest and largest amateur astronomy association in Finland.

## **7 Mattolaituri**

This popular summer café gets its name from the adjacent rug washing piers, where locals still wash their rugs in summertime.

## **8 Uunisaari**

The recreational island of Uunisaari can be reached by taking a small ferry in summertime or crossing the pontoon bridge in wintertime. The historic redbrick building on the island was once a paint factory but now houses a café and restaurant. Uunisaari has a great swimming beach, as well as rocks where you can sit and look out to sea.

## **9 Pihlajasaari**

Pihlajasaari is another popular recreational island that also has great beaches and smooth granite rocks to sunbathe on. There is even a separate beach for naturalists, as well as a summer restaurant. Camping is permitted on weekends, and you can catch the ferry from behind **Café Carusel**.

## **10 Eiranranta Boulevard**

The shoreline behind the exclusive Eira district has the prettiest boulevard in Helsinki. There is a public swimming beach, next to which you can enjoy a snack in the summer café **Birgitta**.

## **11 Löyly**

Löyly is a stunning example of organic architecture, as the modern wooden sauna complex blends in perfectly with the shoreline. Löyly is open year round and offers a restaurant, terraces overhanging the sea and on the roof, and three saunas.

## **12 Hernesaari**

Many international cruise ships dock at Hernesaari. On the south side of the peninsula is a new urban restaurant complex **Hernesaaaren Ranta** that offers container restaurants, terraces, a beach and events throughout the summer.

## **13 Telakkaranta**

This old shipyard and industrial area is being transformed into a modern residential area. The historic redbrick building is now a restaurant and event venue.

## **14 Eira Art Nouveau District**

Eira is a wonderfully cohesive Art Nouveau district where you can admire the fine century-old architecture and pastel-coloured buildings. Nearby Huvilakatu is widely considered to be the prettiest street in Helsinki, making it the perfect location for Instagram photos!

# Sea & Nature

- 1 Allas Sea Pool, Helsinki Skywheel and Flytour Helsinki
- 2 Market Square
- 3 Ferries and cruises from the Market Square  
Suomenlinna Sea Fortress  
Vallisaari  
Lonna  
Isosaari  
Helsinki Zoo
- 4 Old Market Hall
- 5 Observatory Hill and  
Helsinki University Observatory
- 6 Kaivopuisto Park
- 7 Mattolaituri
- 8 Uunisaari
- 9 Pihlajasaari
- 10 Eiranranta boulevard
- 11 Löyly
- 12 Hernesaari
- 13 Telakkaranta
- 14 Eira Art Nouveau District



The best way to experience the maritime appeal of Helsinki is with an archipelago cruise. In addition to admiring the breathtaking views, you can also enjoy a meal onboard. Cruises depart from the Market Square and operate throughout the summer season. M/S J. L. Runeberg offers cruises all the way to the idyllic town of Porvoo.

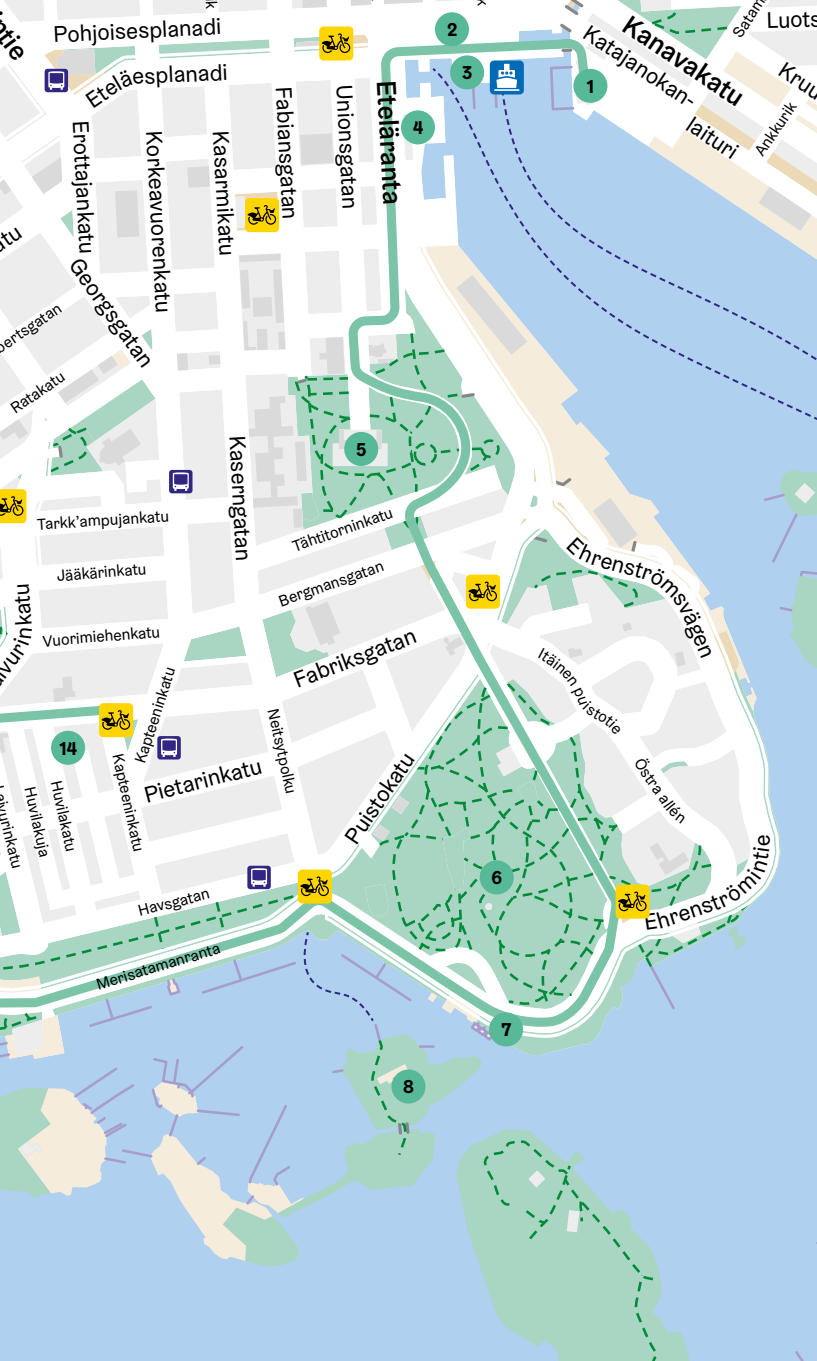
Helsinki also has many island restaurants that serve everything from summer snacks to gourmet dinners.



Take bus 24 to Seurasaari (approx. 50 min).



Hernesaari  
Ärtholmen



Pohjoisesplanadi  
Eteläesplanadi  
Erottajankatu  
Georgsgatan  
Ratakatu  
Tarkk'ampujankatu  
Jääkärinkatu  
Vuorimiehenkatu  
Kapteeninkatu  
Pietarinkatu  
Havsgatan  
Merisatamanranta  
Unionsgatan  
Fabiansgatan  
Kasarmikatu  
Kaserngatan  
Tähtitorninkatu  
Bergmansgatan  
Fabriksgatan  
Puistokatu  
Itäinen Puistotie  
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Ehrenströmsvägen  
Ehrenströmintie  
Kanavakatu  
Katajanokanlaituri  
Luoto  
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Ankkurinkatu  
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Eteläranta

Kapteeninkatu  
Kapeeninkatu  
Huvilakatu  
Huvilakujat  
Pietarinkatu  
Havsgatan  
Merisatamanranta  
Unionsgatan  
Fabiansgatan  
Kasarmikatu  
Kaserngatan  
Tähtitorninkatu  
Bergmansgatan  
Fabriksgatan  
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Itäinen Puistotie  
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Ehrenströmintie  
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Eteläranta



# Food & Drink

Kallio is a former working-class neighbourhood that is now a trendy district for artists and students. Kallio is the most densely populated urban area in Finland, and its streets are lined with a wide range of cafés, restaurants, bars and street-front boutiques. Kallio is authentic, honest and down to earth.

# 4

**Route distance approx. 2 km**



## 1 Hakaniemi Market and Market Hall (1897)

Locals do much of their grocery shopping at the open-air market and indoor market hall. While the market hall is being renovated, you can visit the stalls and enjoy a coffee inside the temporary glass pavilion.

## 2 Cafe Talo, Sävel & Rytmi

On the triangular block you will find **Cafe Talo**, a mix between a street bar, restaurant and theatre club, **Sävel**, a cosy restaurant with a 1950s inspired interior, and **Rytmi**, a fun café-like bar that also has exhibitions.

## 3 Silvoplee

This vegetarian restaurant serves delicious food, including warm vegan dishes and smoothies.

## 4 Linjat – The numbered streets of Kallio

If you love great coffee, check out **Good Life Coffee**. On weekends you can enjoy brunch at **Sandro**, which specialises in Moroccan flavours. **Early Bird** serves breakfast and coffee all day long from Tuesdays to Sundays. If you fancy a drink, drop by the **Om’Pu Bar** or try **Pub Sirdie**, which has one of the best atmospheres in Kallio where you can still sense the old working-class spirit.

## 5 Kallio Church

Perched on top of the hill is the grey granite Kallio Church designed in National Romantic and Art Nouveau style by Lars Sonck. The main hall can accommodate up to 1100 churchgoers. The seven church bells play a melody composed by legendary Finnish composer Jean Sibelius; they can be heard daily at 12noon and 6pm.

## 6 Frida Marina

This second hand and vintage shop sells clothing and accessories mainly from the 1950s to the 1980s.

## 7 Roskapankki

This legendary bar is famous for its cheap prices and genuine Kallio atmosphere. Next door is **Sauna Arla**, one of the oldest public saunas in Helsinki (1929), and next door to Arla is the lovely **Cafe Cardemumma**, where you can enjoy breakfast, lunch or afternoon coffee and cakes.

## 8 Cella

Cella is a traditional and cosy restaurant that serves Finnish and Russian-inspired dishes, including sautéed reindeer, vorschmack, blinis and deep-fried herring fillets.

## 9 Rupla

This communal space is a combination of a café, a gallery and a boutique. Enjoy its own roasted coffee, breakfast, lunch or a weekend brunch and admire the exhibitions.

## 10 Fargo Vintage and Divari Kaleva

**Fargo** is a vintage interior design shop that sells mostly furniture and small items from the 1950s and '60s. **Divari Kaleva** sells second-hand books, magazines, vinyl and CDs. Opposite you will find **Astiaparatiisi**, which specialises in collectibles, jewellery, gold and silverware.

## 11 Döner Harju

This popular local restaurant serves delicious kebabs on a plate or wrapped, including vegetarian options. Around the corner is **Bar Molotow**, a rock joint with a living room atmosphere.

## 12 Vaasankatu street

Locals consider this street the best restaurant district in Helsinki.

**Roots Helsinki** and **Just Vege** serve a wide range of vegetarian dishes, as does the fast food canteen **Soi Soi**. **Street Gastro** is famous for its light and crispy sandwiches filled with meats, hand-made sauces and fresh vegetables and herbs. The charming **Cafe Pequeno** serves special coffees and Argentinean empanadas.

## 13 Riviera Kallio

Riviera Kallio is a wonderful cinema and bar where you can watch a film and enjoy tapas, beers and wines. The bar's pride and joy is its movie-themed cocktail list.

## 14 Kotiharjun Sauna (1928)

Kotiharjun Sauna is the oldest traditional wood-heated public sauna in Helsinki. It attracts many locals and loyal fans who go there for the soft heat of its sauna stoves. Treatments can be ordered in advance, including cupping, and you can purchase soft drinks and birch whisks or rent a towel from the front desk.

## 15 Avikaisen leipomo

This charming bakery has been selling traditional home-baked Finnish treats for over 60 years. Try the Karelian pies and sugar donuts!

## 16 Torkkelinmäki

This garden city district is considered one of the prettiest in Helsinki. Nearby you will find the colourful and bohemian café **Taikalamppu**.

## 17 Karhupuisto – Bear Park

Karhupuisto gets its name (“Bear Park”) from the red granite sculpture in the park entitled “**The Bear on the Anthill**”. The park is a popular gathering spot, especially during public events like Restaurant Day and Cleaning Day. **Bergga** is a café in the park that serves homemade treats. The summer kiosk and iconic **Bear Park Café** fly the rainbow flag. **Hoochie Mama Jane** is a boutique that specialises in women's vintage fashion.

## 18 Kallio Library

This library has 80,000 books plus newspapers and magazines, recorded and sheet music, and comics. Note the fine dome ceiling above the magazine department. Customers can use the computers, and you can even borrow games and instruments.

## 19 IPI Kulmakuppila

IPI serves special coffees, craft beers, soup and salad lunches, and Saturday brunches. IPI employees young people and adults with intellectual disabilities.

## 20 Majava Bar and Oiva on Porthaninkatu street

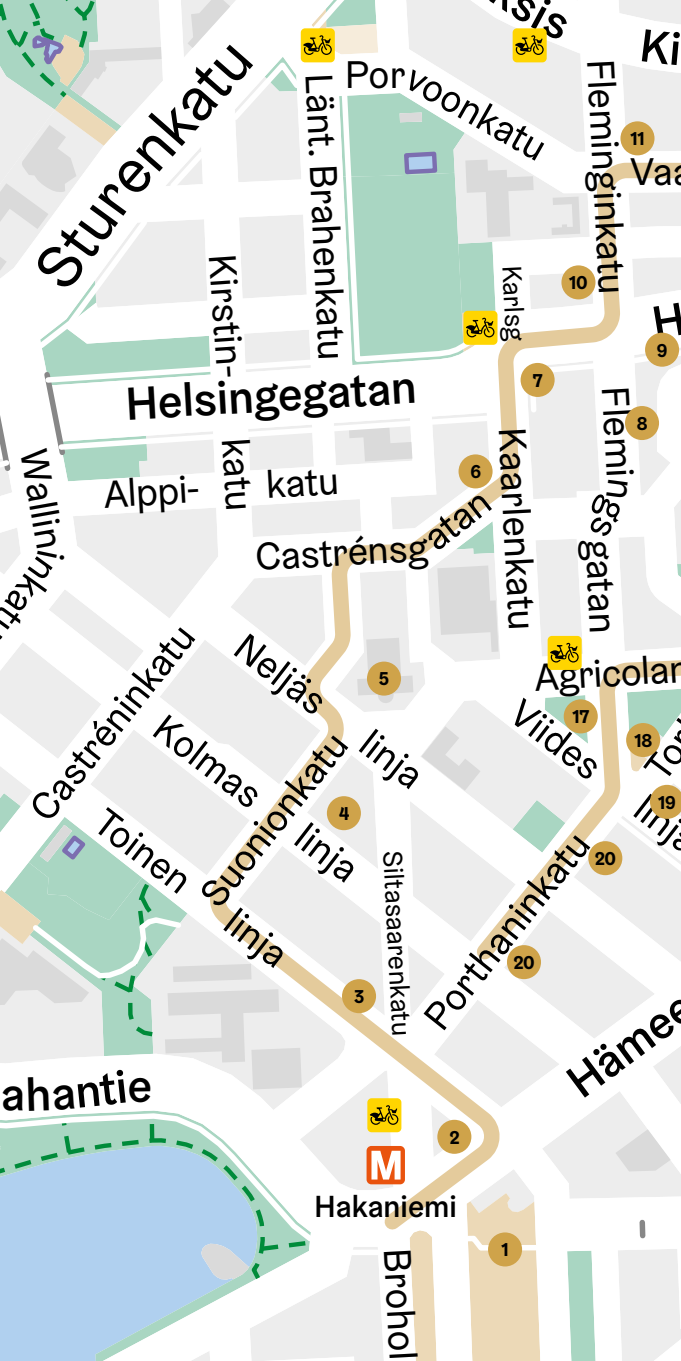
**Majava** has become the favourite hangout of roadies and rockers, while at **Oiva** you can experience the genuine local restaurant culture with lunch, a Sunday brunch or even karaoke.

# Food & Drink

- 1 Hakaniemi Market and Market Hall
- 2 Cafe Talo, Sävel & Rytmi
- 3 Silvoplee
- 4 Linjat – The numbered streets of Kallio
- 5 Kallio Church
- 6 Frida Marina
- 7 Roskapankki
- 8 Cella
- 9 Rupla
- 10 Fargo Vintage and Divari Kaleva
- 11 Döner Harju
- 12 Vaasankatu street
- 13 Riviera Kallio
- 14 Kotiharjun sauna
- 15 Avikaisen leipomo
- 16 Torkkelinmäki
- 17 Karhupuisto – Bear Park
- 18 Kallio Library
- 19 IPI Kulmakuppila
- 20 Majava Bar and Oiva on Porthaninkatu street

Cleaning Day transforms the city into one big flea market!

**Read more:** [siivouspaiva.com](http://siivouspaiva.com)



Länt. Brahenkatu

Porvoonkatu

Fleminginkatu

Vaa

Sturenkatu

Helsingegatan

Karls

Flemingsgatan

Kirstin-

katu

Alppi-

Castrénsgatan

Kaarlenkatu

Agricultural

Viides

Neljäs

linja

Kolmas

Castréninkatu

Toinen

linja

Siltasaarenkatu

Porthaninkatu

linja

Hämeentie

ahantie

Hakaniemi

Brohol



ven katu

asan- katu

elsinginkatu

Adolfinkatu

Franzeninkatu

Torckelinkuja

rkkelinkatu

katu

Pengerkatu

Kaikukuja

entie

Haapaniemen-

Sörnäisten katu

Kinaporink

M Sörnäinen

Lautatarh  
Junatie  
Pääskylänk

Vilhovuorenkatu

Terrassg

Tavastvägen

Käenkuja

Lintulahdenk

Kaikukatu

rantatie

# Useful Words and Phrases

## English

## Finnish

Can I please have...

Saisinko...

Check, please

Lasku kiitos

Where can I find...

Mistä löydän...

Thanks

kiitos / kiitti

Hello

Moi

Bye bye

Moi moi

Good morning

Hyvää huomenta

Breakfast

Aamupala

Lunch

Lounas

Dinner

Illallinen

Water

Vesi

Beer

Olut

Red wine/white wine

Punaviini/valkoviini

Coffee

Kahvi

Cinnamon Bun

Korvapuusti

Karelian Pastry

Karjalanpiirakka

Cheers

Kippis

Harbour

Satama

Tram

Ratikka

Street

Katu

Money

Raha

Excuse me

Anteeksi

## Helsinki Tourist Information

+358(0)9 3101 3300

*myhelsinki.fi* / #myhelsinki / #visithelsinki

### **City centre**

Central Railway Station, main ticket hall

### **Helsinki Airport**

Terminal 2 – Arrivals 2A

Both Tourist Information offices are open daily

Helsinki